

Don't forget to bring;

- Water resistant Sun Cream SPF 30 +
- Swim Wear
- Towel
- 3x shorts
- 3x T-shirts
- 1x Old T-shirt
- 1x Light weight trousers
- 1x Long Sleeve T-shirt/top
- Underwear
- Sandals/flip flops
- Toiletries
- 2x Passport Photos
- Sun Hat/Cap
- Sunglasses
- Comfortable clothes to travel in
- Trainers
- Insect Repellent
- Re-hydration salts / electrolyte powder
- If you require it, don't forget your medication
- Passport
- Insurance
- £50 - £100 Spending Money (don't forget we have to pay £10 for a visa on arrival)
- Sense of adventure!

And anything else you think you might need for 6 days in the red sea.